Jahr	Datum	Bewerb	Ort	Land	Endzeit	Swim / Run	Bike	Run	T1	T2	Rang OA	Rang AK	Distanz (km)
2010	18.09	**Halbmarathon**	Kressbronn	GER	**01:36:41**						5	2	21.1
	05.09.	**Thriathlon Halb**	Walchsee	AUT	**05:11:36**	00:37:40	02:43:03	01:44:02	04:49	02:00	17	1	1.9-90-21
	25.07.	**Ironman Schweiz**	Zürich	CH	**10:53:03**	01:17:28	05:34:00	03:55:32	03:55	02:06	35	2	3.8-180-42
	25.06.	**Triathlon Kurz**	Ottobeuren	GER	**DNF**								1.5-40-11
	06.06.	**Triathlon Halb**	Kraichgau	GER	**05:11:43**	00:32:40	02:48:24	01:46:07	02:46	01:47	33	5	1.9-90-21
	25.04.	**Duathlon**	Marbach	CH	**01:03:49**								4-17.5-4
2009	10.10.	**Ironman**	Hawaii	USA	**12:33:02**	01:21:55	05:54:04	05:08:33	04:02	04:29	1224	57	3.8-180-42.2
	16.08.	**Ironman70.3**	Wiesbaden	GER	**05:30:26**	00:37:06	03:01:30	01:46:11	04:25	01:12	25	3	1.9-90-21
	19.07.	**Radmarathon**	Hohenems	AUT	**05:06:00**						4	3	129/2650hm
	28.06.	**Ironman France**	Nizza		**10:58:17**	01:13:09	05:38:55	03:56:18	05:55	04:00	21	3	3.8-180-42
	14.06.	**Triathlon Halb**	Kraichgau	GER	**05:12:21**	00:33:19	02:52:02	01:42:18	03:09	01:34	15	2	1.9-90-21
	24.05.	**Ironman70.3**	St. Pölten	AUT	**05:03:42**	00:36:30	02:40:02	01:41:10	04:00	02:00	28	2	1.9-90-21
	26.04.	**Duathlon**	Marbach	CH	**01:02:46**	00:16:02	00:30:13	00:16:33			4	2	4-17.5-4
	05.04.	**Halbmarathon**	Bludenz	AUT	**01:32:56**						5	2	21.1
	21.02.	**Skimarathon**	Engadin	SUI	**02:11:45**						5		38
2008	08.11.	**Ironman 70.3 WM**	Florida	USA	**04:48:21**	00:35:35	**02:29:18**	**01:36:12**	04:33	02:43	74	16	1.9-90-21.1
	05.10.	**ViertelMarathon**	Bregenz	AUT	**00:51:03**						2	1	11.45
	07.09.	**Powerman**	Zofingen	CH	**08:29:45**	00:43:13	05:06:40	02:35:28	02:09	02:13	7	1	10-150-30
	24.08.	**Powerman**	Weyer	AUT	**04:07:19**	01:05:07	02:28:12	00:31:39	01:15	01:03	8	4	14.7-76-6.9
	10.08.	**Ironman70.3**	Wiesbaden	GER	**05:34:33**	00:39:28	03:06:53	01:43:06	03:45	01:19	33	3	2-90-21.1
	26.07.	**Triathlon Halb**	Immenstadt	GER	**05:17:29**	00:36:55	03:02:09	01:38:25			9	2	2-92-21
	28.06.	**Triathlon Kurz**	Ottobeuren	GER	**02:28:43**	**00:24:47**	01:13:47	00:50:09			2	1	1.5-40-11
	24.05.	**Ironman70.3**	St. Pölten	AUT	**05:09:07**	00:37:29	02:43:55	01:41:25	04:14	02:03	23	3	2-90-21.1
	26.04.	**Zeitfahren DJ Bike**	Fussach	AUT	**01:36:35**						4		57
	13.04.	**Halbmarathon**	Bludenz	AUT	**01:38:31**						9	2	21.1
2007	13.10.	**Ironman**	Hawaii	USA	**11:25:19**	01:23:39	05:55:19	03:57:42				28	3.8-180-42.2
	26.08.	**Triathlon Kurz**	Uster	CH	**02:32:12**	00:30:17	**01:12:22**	**00:45:29**	02:26	01:37	19	5	1.5-40-10
	05.08.	**Ironman70.3**	Antwerpen	BEL	**04:56:59**	00:39:45	02:34:29	01:39:14	03:29		17	3	2-90-21.1
	15.07.	**Triathlon Kurz**	Karlsfeld	GER	**02:30:55**	00:25:54	01:18:59	00:46:01			4	1	1.5-48-10
	08.07.	**Ironman**	Klagenfurt	AUT	**10:28:51**	**01:07:43**	**05:13:25**	03:57:51				3	3.8-180-42.2
	27.05.	**Triathlon Halb**	Linz	AUT	**04:55:11**	**00:34:10**	02:35:01	01:38:54	01:23	05:41	5	4	1.9-90-21.1
	19.05.	**Zeitfahren**	Radstadt	AUT	**00:07:34**						1	1	4.9666
	24.02.	**Ironman**	Langkawi	MAY	**11:26:29**	01:18:46	05:33:02	04:28:42			14	2	3.8-180-42.2
2006	21.10.	**Ironman**	Hawaii	USA	**11:39:31**	01:21:27	05:46:23	04:23:02					3.8-180-42.3
	30.07.	**Triathlon Halb**	Hofheim	GER	**04:53:09**	00:37:53	02:35:20	01:39:56			1	1	1.9-89-20.5
	16.07.	**Triathlon Kurz**	Karlsfeld	GER	**02:34:41**	00:26:57	01:21:25	00:46:19			6	3	1.5-48-10
	28.05.	**Ironman**	Goto Island	JAP	**10:49:10**	01:17:39	05:52:06	**03:39:25**			8	1	3.8-180-42.2
2005	15.10.	**Ironman**	Hawaii	USA	**10:55:45**	01:19:54	05:36:43	03:52:09				24	3.8-180-42.3
	13.08.	**Triathlon Halb**	Paide	EST	**05:09:51**	00:36:16	02:42:53	01:45:21				3	1.9-90-21
	17.07.	**Triathlon Kurz**	Karlsfeld	GER	**02:41:47**	00:27:50	01:25:51	00:48:04			11	2	1.5-48-10
	21.05.	**Ironman**	Goto Island	JAP	**11:12:24**	01:18:44	06:11:12	03:42:28			17	4	3.8-180-42.2
2004	16.10.	**Ironman**	Hawaii	USA	**12:11:30**	01:21:21	06:33:45	04:09:17				35	3.8-180-42.2
	15.08.	**Triathlon Kurz**	Bregenz	AUT	**02:43:27**	00:30:27	01:23:01	00:50:18			12	5	1.5-40-10
		Zeitfahren	Karlsuhe	GER	**00:38:09**						4	4	23
		Ironman	Geradmer	F	**11:54:08**	01:15:04	06:34:18	03:55:25	05:54	03:27	18	3	3.8-180-42.2
2003	17.08.	**Triathlon Kurz**	Bregenz	AUT	**02:50:56**	00:31:49	01:20:57	00:54:48	00:55	00:55	13		1.5-40-10
		Triathlon Halb	Immenstadt	GER	**05:55:57**	00:37:02	03:24:50	01:54:05			25	5	2-92-21
	15.06.	**Triathlon Kurz**	Bad Tölz	GER	**02:41:23**	00:28:36	01:19:38	00:53:08			29	6	1.5-43-10
		Duathlon	Bludenz	AUT	**01:31:58**						4	2	
2002		**Triathlon Kurz**	Bregenz	AUT	**02:43:14**	00:28:20	01:21:01	00:49:41			6	4	1.5-40-10
	29.06.	**Triathlon Sprint**	Ottobeuren	GER	**01:17:41**	00:07:16	00:38:15	00:32:10			2	1	
	09.06.	**Triathlon Kurz**	Mieming	AUT	**03:16:41**	00:35:42	01:38:18	01:02:29			11		
		Duathlon	Bludenz	AUT	**01:34:06**								